



President's Message



The Retention Committee hit it out of the park with their Annual New Member Party on Monday, July 30 at Desperados. Approximately 40 Altrusans, partners and prospects were there to celebrate International Friendship Day and we all had a

wonderful time enjoying the good food and fellowship. We have three new members being initiated at the September Business Meeting – **Sara Deats, Mary Bedosky and Sarah Saunders**. Please take time to introduce yourselves and get to know these delightful women and welcome them into the club.

Thank you to all who attended the August Program/ Dinner Meeting, chaired by the Leadership Committee. The program was *What's in Your Future: The Band of Gypsies Scavenger Hunt*, a Board of Directors Job Fair. We are making a focused effort this club year to better prepare members for service on the Board and as Committee Chairs. Leadership is such an important part of being an Altrusan and one of the hallmarks of a successful Altrusa club. We all had a wonderful time getting our lip prints read and our futures foretold with the card readers who were there to entertain us. Kudos to the amazing **Jane Tucker** for her design of the table posters with the board position descrip-



Kimberley Stallings

tions and her assistance with table décor (particularly the President and Past President's location). The food was delicious and our speaker Kimberly Stallings, a past OWT honoree, gave us all plenty to think about as she challenged us to all step up and take our organization to a more high-functioning level. Great job – Leadership Committee!

Speaking of OWT, I want to brag on all of those who are working so hard on making this the best luncheon and fundraising event ever! I had an opportunity to make a sponsorship call with Ginger Tonne to speak with Ken Hutchenrider and Jan Arrant at Methodist Richardson Medical Center about the facility's proposed role as a Presenting Sponsor. We were able to close quickly and move on to a lively discussion of the upcoming college football season. We are as always, grateful for their generous support of our event. And yes, there is a Business Meeting the night before the luncheon, but we will keep it very brief and be fresh and energized for our big day on Friday, November 2.



Sarah Nesbit, President 2018-2019

E-mail: Sarah.Nesbit@cor.gov

Upcoming Events

See online calendar for event details, location, and sign-up at <http://altrusarichardson.com>

- | | | |
|----------|--------------|-----------------------------|
| Sept. 6 | 7:00 pm | Business meeting |
| Sept. 9 | 11:30 am | Feeding Children Everywhere |
| | 1:15–2:00 pm | Packaging food |
| Sept 12 | 6:00 pm | Atria Bingo |
| Sept. 15 | 10:00 am | Seniors Book Rotation |
| Sept. 19 | 6:45 pm | Richardson Reads One Book |
| Sept. 20 | 7:00 pm | Dinner/Program meeting |
| Sept 22 | 5:00 pm | Annual Book Swap |
| Sept. 24 | 6:00 pm | AWCLS (Book Club) |
| Sept. 27 | 7:00 pm | Club Board Meeting |

CLUB BOARD OF DIRECTORS UPDATE

August Board Meeting Notes

By Toni Garrett, Vice President

The Altrusa Board of Directors met on August 23. Reports were made about several activities, including a recap of the recent “Band of Gypsies Scavenger Hunt.” New member applications were approved for **Mary Bedosky** and **Sarah Saunders**. They, along with **Sara Deats**, will be initiated at the September business meeting. The board discussed a possible information presentation at the September business meeting about the proposed RISD tax election. The decision was made to allow a table with handouts but no presentation. The Ability House Committee requested that the board review a letter they want to use to reach out to others in the community for help in providing special experiences for the residents. The next meeting of the Board of Directors is scheduled for September 27, 2018.

COMMUNITY INITIATIVE FUND UPDATE

Telethon Room at The Counseling Place

By Nancy Rohm

Debbie Dobbs, Director of *The Counseling Place*, and her daughter Faith, came to our August business meeting to accept a check from our Community Initiative Fund for \$1,500.00. This amount will allow *The Counseling Place* to furnish a Telethon Room and it gives us naming rights on this room. Our club chose to donate this large amount because of the increased need for mental health services. Additionally, this relationship offers us the opportunity for hands-on activities our club may want to do for them. Our club typically wants to do more hands-on activities than our budget allows. This fund provides the luxury for service committees to request additional money after

they have spent their budgeted funds.

Debbie told us this room will help bring mental health services to those who can't come to the center in person. She also spoke of working to stop abuse in a new way. Her counselors are beginning to work with groups of young people, making them aware of ways to avoid being abused or abusing others. She said, “*The Counseling Place* works with many abused adults, but it is hard to get some adults to leave an abusive situation.” The counselors at Debbie's facility hope by working with children, they may be able to stop the current cycle of abuse.



Pictured L-R: Sarah Nesbit, Nancy Rohm, Debbie Dobbs and daughter Faith

PROGRAM COMMITTEE

September Dinner Speaker is Our Own Barbara Berthold

September is “Literacy Month” and in keeping with this theme our speaker will be **Barbara Berthold**, who is the incoming president of *Friends of the Library*, and will tell us about the organization. Barbara, a lecturer and professor at UT Arlington, has been a member of our club since 2011. She emigrated from Germany and became a student at the *Richardson Adult Literacy Center*, where she quickly went from student to Board member.



Barbara Berthold

The Choose Kind Library Committee will host the program and you will be able to see and examine some of the types of books that are in the Choose Kind Library collections. The books will serve as table decorations and are being borrowed overnight from our **Choose Kind Library @ Northlake Elementary**.

LEADERSHIP COMMITTEE UPDATE

What's in Your Future? The Band of Gypsies Scavenger Hunt

By Laura Trainor-Collins, Leadership Development Co-Chair



The Band of Gypsies (pictured L-R): Bobbi Klein, Pres. Elect; Nancy Rohm, Past President; Toni Garrett, Vice President; Laura Trainor-Collins, Director; Julianne Lovelace, Foundation Chair; Kay George; Samantha Slaight, Director; Sue McElveen, Immediate Past President; Deb Bourland, Foundation Secretary; Cindy Murray, Foundation Treasurer, Jean Stuart, Foundation Asst. Treasurer.

The Leadership Development Committee, the Club Board of Directors and the Foundation Trustees hosted **The Band of Gypsies Scavenger Hunt** at the August 16th dinner meeting. Fifty-seven Altrusans and guests attended. As you know, improving leadership skills is a big part of being an Altrusan. The Band of Gypsies answered questions as members participated in a scavenger hunt to learn more about the different leadership opportunities within the club and foundation. President **Sarah Nesbit** and **Sue McElveen** provided everyone with a gypsy name. A guest, **Sarah Saunders** won the first prize drawing, a fabulous wine basket donated by Sigels. **Christine Hart** won the second prize necklace, donated by **Kay George**. **Mary Osentowski** won the third prize wine basket donated by **Lynn Solomon**. Everyone lined up on stage to freshen up their lipstick and visit with Laura E. West, a Lipsologist who read our lipstick imprints and gave everyone a keep sake personalized imprint card. The ladies from the Dallas Psychic Fair, Sandra Larson, Keisha Clark and Cheryl Andrea provided tarot card readings and our own **Kimberly Kierce** performed a belly dance for us. **Laura Trainor-Collins** provided the glowing globe table centerpieces.



Foundation Treasurers Jean Stuart (left) and Cindy Murray (right) represented the several Treasurer's positions

Kimberley Stallings, from Heritage Risk Advisers, a proud graduate of Leadership Richardson's Class XXVIII and the 2015 Outstanding Women of Tomorrow honoree spoke to us about opportunities for improving leadership skills through club participation. This was a fun **What's in Your Future** learning event. A special thanks to the Leadership Committee Members and the club BOD and Trustees for making this event such a success.



President Sarah Nesbit (left) and Immediate Past President Sue McElveen represented their respective positions

What's in Your Future? The Band of Gypsies Scavenger Hunt (continued)

By Laura Trainor-Collins, Leadership Development Co-Chair



Laura E. West gave interesting readings based on the kiss imprints of our lips



Sandra Larson (left) reads Tarot cards for Elizabeth Smith (right)



Jane Merz (left) listens intently to Keisha Clark's (right) insights as revealed in the cards



Cheryl Andrea (left) shares her impressions with Kay George



Susan Long (left) tries to follow Kimberly Kierce (right) in some belly dancing moves.

We also would like to thank our honorary gypsies who added such a fun dimension to the *What's In Your Future?* event. They provided additional insights into member's futures on a more personal level.

To contact any of our readers for more information:

Laura E. West, Fortune Teller/ Lipsologist
www.lauraewest.com 214-334-0769

Sandra Larson, Animal Communicator/Card Reading
www.Sandralarson.com 972-955-2756

Keisha Clark, Medium/Psychic/Intuitive Living Coach
www.keishaclark.live 469-269-2431

Cheryl Andrea, Clairvoyant/Medium/Intuitive Visionary
www.cherylandra.com 469-767-2727

Dallas Psychic Fair, 1st Sunday of each month

Dallas Events Center, 4343 Sigma Road, Suite 600,
Dallas, TX 75244 www.dallaspsychicfair.com

ABILITY HOUSE COMMITTEE UPDATE

Robert's Birthday Celebration

By Rosemary Gouger, Chair



What a beautiful smile



Above: Robert loves his birthday so much he can hardly contain himself



Front Row (L-R): Ability House residents Nina, birthday boy Robert, Henry (standing), Shelt and Vera Back Row (L-R): Anwanna (Caregiver), Jane Merz, Jo Leeper, Shirley Wilson-Sigler, Helen Bate, Sarah Deats, Gayle Engle and Bobbi Klein



Rosemary Gouger created this football cake for Robert

We all had a wonderful time at Robert's Dallas Cowboys themed birthday party on Saturday, August 4th, at *Ability House*. The celebration included a beautiful Dallas Cowboy's birthday cake, provided by **Rosemary Gouger**, with ice cream. **Helen Bate** shopped for his presents: a Dallas Cowboy cap, a Cowboy T-shirt and a Nerf football. We toured all the newly redecorated rooms and found out so much more about each of our friends at *Ability House*. Our next party is for Fall/ Halloween! We will be having fun at Ability House on October 6th! Hope to see you all there to help us create memories for All!

COMMUNITY OUTREACH UPDATE

Altrusa Richardson helps NETWORK with "Tools 4 School" Program

By Jackie Scrivener

At the July 2018 business and dinner meetings members collected school supplies to benefit Network of Community Ministries' "Tools 4 School" program. Network's goal this year is to provide 1,400 backpacks filled with school supplies to needy children in the Richardson Independent School District. Members generously donated over five hundred items or packages of school supplies. In addition forty-four 3-inch binders were purchased with club funds and donated to this worthwhile project. Pictured right are **Jackie Scrivener** and **Christine Hart** who delivered the binders to NETWORK.



MEMBER RECRUITMENT COMMITTEE UPDATE

Fall New Member Orientation/ Member Re-Orientation

By Carol Ruszkowski, Co-Chair

Please join us for Fall Orientation on October 6th, 9:00 am to 12:00 pm. Attendance is encouraged for all our members, *especially our newer members*. (Orientations can be used as makeup meetings.) This is a Pot Luck Brunch so sign up to bring your favorite item to share! Orientation Theme: **Hidden Talents**. Be prepared to be empowered by discovering YOUR Hidden Talents and how you can share them with Altrusa in a variety of ways. **Cindy Murray** will share information on the hidden talents of our Foundation, what it is and what it does.

Various Committee Chairs will share insights into their purpose, mission and projects as well as share ways you can explore your Hidden Talents and be more enriched through your involvement in Altrusa.

MEMBER RECRUITMENT COMMITTEE UPDATE

New Member Initiation September 6th

By Carol Ruszkowski, Co-Chair

Three new members will be initiated at the September 6th business meeting; **Sara Deats, Mary Bedosky and Sarah Saunders**. Please welcome and get to know these wonderful ladies. The bio's below will help. Take note of their Sponsors and Mentors. These ladies have chosen to share the joy of Altrusa and are committed to the success of our new members. Isn't it time you shared the joy, too?

Welcome Sara Deats!



Sara is the Recreation Coordinator for the City of Plano Parks and Recreation Department. Her responsibilities include programming classes (and implementing trips and special events for adults 50 years of age and better. She produces their monthly newsletter and is an on-call staff member for summer teen camps. She is a member of the Wilshire Baptist Church and WOW! Women of Wilshire. She loves people and serving those with disabilities, those with disadvantages and older adults. Sara's Sponsors are **Sue McElveen** and **Kimberly Kierce**. **Nancy Rohm** will serve as Sara's Mentor.

Welcome Mary Bedosky!



Mary, a Vice President at Legacy Bank in Richardson, is responsible for business development as well as community involvement. She currently serves as President-Elect of the Richardson East Rotary, Finance Committee Chairman and Board member of the RALC, Lead Tri-Chair for the Executive After Hours Committee of the Richardson Chamber as well as a member of the Public Policy and Women in Leadership Committees of the Richardson Chamber. She wants to give back to her community and as an Altrusan, she can do that with a "bunch of women I love and admire!" Mary's Sponsors are **Ginger Tonne** and **Bonnie Perry**. **Jean Stuart** will serve as Mary's Mentor

Welcome Sarah Saunders!



Sarah started her own business in 2014, called New Leaf. New Leaf specializes in senior move management. It assists Richardson - and surrounding area - families, and their elderly loved ones, with downsizing/rightsizing and later life transitions to townhomes, independent living, assisted living and memory care communities. She also can run online auctions/estate sales if you need to shed too much "stuff". She is a member and former Ambassador of the Richardson Chamber of Commerce and is the Fundraising Director for the Richardson Community Chorale. Sarah's sponsors are **Helen Bate** and **Mary Osentowski**. **Bonnie Perry** will serve as Sarah's Mentor.

ALTRUSA ACCENT

The Mentoring Program

As published on Altrusa International of Richardson website

PROGRAM DEFINITION: The Mentor Program is designed to provide new members with a seasoned Altrusan...to work with Sponsors to provide the foundation for an enjoyable, productive and enriching membership in the club. This program will help to ensure the new member has a complete understanding of Altrusa, its goals and objectives, as well as to reinforce the importance of participation in activities of the club...Mentors are a mix of friend and teacher who share special strengths and skills...Mentors share knowledge, experiences and wisdom as a seasoned member. (They) explore mutual interests by asking questions, promoting discussion and providing resources.

UNITED NATIONS OBSERVANCES

UN International Literacy Day

From www.awarenessdays.com



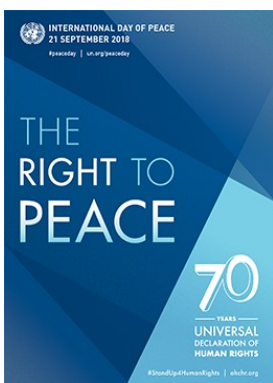
Each year September 8th marks UNESCO's **International Literacy day**, raising awareness globally on the issues surrounding adult and child literacy. First held in 1966 and now part of the UN's sustainable development goals program adopted in 2015, International Literacy day highlights the changes and improvements being made worldwide in literacy development.

UNESCO has been central to improving global literacy since 1946 and promotes **International Literacy day** in partnership with governments, charities, local communities and experts in the field worldwide. Using themes and programs the day aims to turn attention on literacy in all its forms in a changing world. Recognizing literacy encompasses more than the written word in societies today the theme for 2017 was 'Literacy in the Digital World'.

International Literacy Day is a day to remind world leaders, influencers and the general public of the current status of adult literacy and learning. UNESCO has used the phrase "Literacy is the best remedy" in its banners seeing literacy as key to the right for all to an education. In 2015 the UN adopted its Sustainable Development goals to mobilize efforts to eradicate poverty and inequalities across the world, of which improving literacy rates is an integral element.

UN International Day of Peace

From www.un.org



Each year the International Day of Peace is observed around the world on **21 September**. The General Assembly has declared this as a day devoted to strengthening the ideals of peace, both within and among all nations and peoples.

The United Nations Member States adopted the **17 Sustainable Development Goals** in 2015 because they understood that it would not be possible to build a peaceful world if steps were not taken to achieve economic and social development for all people everywhere, and ensure that their rights were protected. The Sustainable Goals cover a broad range of issues, including poverty, hunger, health, education, climate change, gender equality, water, sanitation, energy, environment and social justice.

Sustainable Development Goal 16 "[Peace, Justice and Strong Institutions](#)" calls for promoting peaceful and inclusive societies for sustainable development, providing access to justice for all and building effective, accountable and inclusive institutions at all levels.

A peaceful society is one where there is justice and equality for everyone. Peace will enable a sustainable environment to take shape and a sustainable environment will help promote peace.



The theme for the International Day of Peace in 2018 is "*The Right to Peace - The Universal Declaration of Human Rights at 70*"

The [Universal Declaration of Human Rights](#) is a milestone document in the history of human rights. Drafted by representatives with different legal and cultural backgrounds from all regions of the world, the Declaration was adopted by the United Nations General Assembly in Paris on 10 December 1948 as a common standard of achievement for all peoples and all nations.

The Universal Declaration states in Article 3. "Everyone has the right to life, liberty and security of person." These elements build the foundation of freedom, justice and peace in the world.

The Universal Declaration – the most translated document in the world, available in more than 500 languages - is as relevant today as it was on the day that it was adopted.

INTERNATIONAL FOUNDATION UPDATE

Club 21 Membership

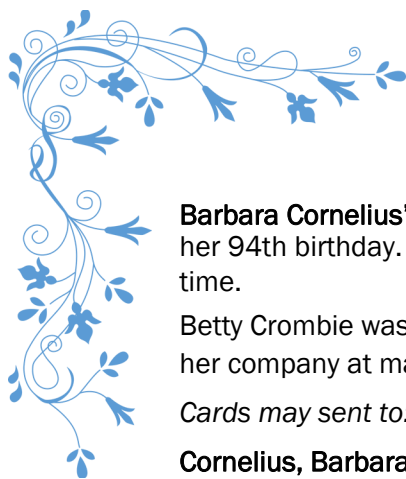
For Mimi Tanner, Club 21 Liaison

Established in 1997, the name Club 21 was chosen to emphasize the Altrusa International Foundation's commitment to children affected by disease and international health concerns in the 21st century.

Through an annual contribution of US\$21.00 or more, an individual can become a part of the International Foundation's effort to support this special fund.

The following Altrusans were members in 2017-18. Shouldn't your name be on the list this year? Within our club you can contact **Mimi Tanner** at mimitanner23@gmail.com and send or give your check for \$21 to become a Club 21 member for 2018-2019.

Bate, Helen G.	Hart, Christine	Merz, Jane S.	Rouani, Mouna
Buhr, Donna	Ingle, Gayle S.	Murray, Cindy	Solomon, Lynn
Cornelius, Barbara L.	Jaquier, Janie	Nash, Sharon	Stuart, Jean S.
Crowe, Nancy	Johnson, Pamela A.	Nesbit, Sarah R.	Tanner, Mary Emily
Daughety, Rose	Kierce, Kimberly	Osentowski, Mary	Tonne, Ginger
Davis, Dena L.	McElveen, Sue Gray	Peters, Marsha	Tucker, Jane Ellen
Griffith, Linda K.	McLemore, Mary	Rohm, Nancy	Turner, Ann



In Memorium

Barbara Cornelius' mother Betty Crombie passed away August 28, 2018 six weeks shy of her 94th birthday. Please keep Barbara and her family in your thoughts during this difficult time.

Betty Crombie was an "Honorary Altrusa Richardson Mom" for many years and we enjoyed her company at many Altrusa events. She will be deeply missed.

Cards may sent to:

Cornelius, Barbara

521 Worcester Way

Richardson, TX 75080

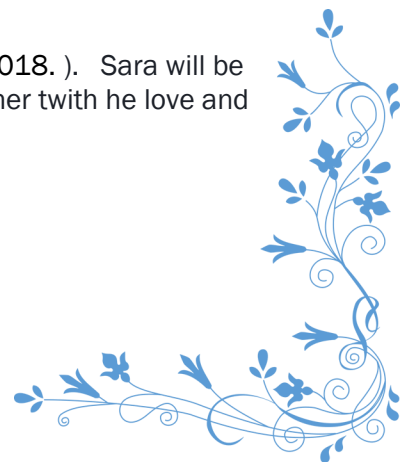
Sara Deats' mother, Kathleen Jolly Burton, passed away August 19, 2018.). Sara will be initiated at our next business meeting on September 6. Let's shower her with the love and support that is uniquely Altrusa.

Cards may sent to:

Sara Deats

804 Parker St

McKinney TX 75069



DISTRICT NINE ANNOUNCEMENT

**District Nine Fall Leadership Event..."Empowering Leaders"
with Dessert First!**

From Governor Linda Moore



FALL LEADERSHIP EVENT—*WITH DESSERT FIRST*

*Check into the Marriott Northwest—San Antonio on October 19, 2018,
and join fellow Altrusans for dessert first at 8:30 p.m. in the hotel lobby
In honor of leadership and teamwork within District Nine,
Dessert and coffee will be served up to celebrate on Friday night.*

Workshops and Luncheon begin on October 20, at 9:00 am, ending
around 2:30 pm

All attendees will gather for "ALTRUSA CARES" and more!
Altrusans will explore the topics of empowerment as leaders,
an update on "Days for Girls" within District Nine, and guest speakers.

Registration form available at:

<https://districtnine.altrusa.org/files/2018/08/FALL-LEADERSHIP-EVENT-registration-form-2018.pdf>

Registration fee: \$55.00 per person—includes luncheon and workshops

Mail registration fee on or before **October 10th**:

Gerleine A. Schoonover

Altrusa International of San Antonio Texas, Inc. Communication Chair

P. O. Box 100961

San Antonio, Texas 78201-8961

Book your Room:

Altrusa Group Rate \$115 – 119 USD per Night (available 10/19/18 to 10/21/18) Book by 9/28/18

The event ends at 2:30 pm but we suggest you take advantage of the group rate and stay on Saturday night to see some of San Antonio.

For a direct link to book your Group rate go to www.altrusadistrictnine.org/Events

San Antonio Marriott Northwest

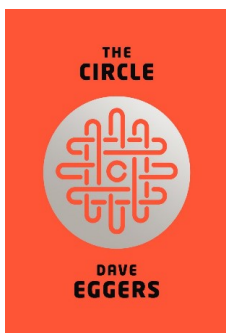
3233 NW Loop 410

San Antonio, TX 78213

COMMUNITY OUTREACH COMMITTEE ANNOUNCEMENT

Richardson Reads One Book Volunteer Ushers Needed

By Gloria Sandoval



Dave Eggers, Author

Altrusa International of Richardson is again one of the sponsors of the Richardson Reads One Book event. This year's selection is *The Circle* by Dave Eggers. The Author and Book Signing event will be September 19th, 7:30 pm at Richardson High School. We will be serving as ushers for this event again this year. The Community Outreach Committee needs sixteen volunteers. Please register to volunteer on the Events page of our Website.

