

## President's Message

The Past President's Luncheon was held on June 15th, and I want to say many thanks to all the former presidents who came to share time with each other and me. A special thank you goes to Mary Beth McLemore for hosting the event. It was so much fun and I received many words of wisdom, when the former presidents shared what they felt were the most important things for us to remember as a club this year, especially around meetings.

In essence, their advise fits well with our theme of "doing the kindness thing". And so, to be kind and respectful of all of our members, we resolve to observe the following:

1. To keep side conversations to a minimum during all meetings ...to be respectful of other members who are trying to listen and/or have difficulty hearing.
2. To encourage members to use the microphone and speak clearly...to be respectful of those having diffi-



culty hearing.

3. To keep meetings on topic...(short)...to be respectful of all member's time.
4. To limit reports and/or announcements to two minutes...to be respectful of all member's time.
5. To communicate fully...to be respectful of all member's time.
6. To trust members to take responsibility for their own membership – to make use of the resources available to them; i.e, our website, the District website, International website, yearbook, by-laws, and policies.

[www.altrusarichardson.com](http://www.altrusarichardson.com)

[www.districtnine.altrusa.org](http://www.districtnine.altrusa.org)

[www.altrusa.org](http://www.altrusa.org)

7. To remember to listen to each other – not only in club meetings, but in committee meetings...to be respectful of other's viewpoints and feelings.
8. To remember to "do the kindness thing" among ourselves as well as those we serve in our community...to be respectful of everyone with whom we come in contact.

(continued page 2)

## Upcoming Events for June

See online calendar for event details, location, and sign-up at <http://altrusarichardson.com>

July 11 6:00 pm OWT 2019 Leaders Meeting

July 11 7:00 pm Business meeting

July 17–20 Altrusa International Convention  
Reno, Nevada

July 18 7:00 pm Program/Dinner Meeting

*End of Life Care: Hospice and Palliative*

July 22 Noon Tidings Deadline

July 22 6:00 pm AWCLS Book Club

*"An Uncollected Death"*

July 25 6:30 pm Club Board meeting

All Club Members Welcome

**(Presidents Message continued)**

Another very special meeting in June, was with the Committee Co-chairs to discuss the new Committee Structure and to answer questions and share hints with each other. This was a very productive meeting and I know our committees are off to a tremendous start. Our Committees are truly the heart and soul of our club. I hope you will share your talents generously with your committees and the Club.

A big thank you to Kimberly Kierce and Barbara Cornelius, who have worked very hard to find an appropriate company to update our website. The recommended company is **Site to be Seen**, that works with the Wild Apricot platform. The work that has been proposed includes a mobile friendly theme, new page templates, enhanced navigation, links to Social Media, more images with less words, and membership information with easier access to important pages and documents. The company has excellent references and the fees for this service are very competitive. The Board will make a recommendation to the club to approve the contract at the July Business meeting. More information soon!

The Outstanding Woman of Today Awards Luncheon is working very diligently to make this the best event yet. We will be honoring twenty-six exceptional nominees from the North Texas community. Sponsorships are going well and have not closed, yet, so if you have a suggestion for the committee to contact, let Courtenay Tanner or Sue McElveen know as soon as possible. Tickets will be available soon. Remember that everyone of us needs to support this, our one and only fundraiser. The success of OWT depends on everyone of us, and that success will determine our contribution to our community in 2020-2021.

Altrusa hugs,



Bobbi Klein, President, 2019-2020  
Raklein77@yahoo.com

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**BOARD OF DIRECTORS**

**Board of Directors Meeting, June 27, 2019**

by Bobbi Klein, President

**President's Report:** Bobbi Klein shared suggestions from the Past President's Luncheon. The parliamentarian will be tasked with helping to limit times for reports and announcements. The Foundation Board of Trustees has voted to share a booth with the Club at North Texas Giving Day Celebration, in September. Further planning will be discussed.



**Treasurer's Report:** The Finance Committee has completed the Administration Budget and the Board approved the Recommendation. to adopt the 2019-2020 Admin. Budget. The Recommendation will be brought to the Club at the July Business meeting. The Finance Committee will complete Foundation/Service Budget in July, to be approved by the Club at the August Business meeting. As of June 27, we have eighty-five regular members, one dual member and one emeritus member.

Volunteer hours will be reported by the Corresponding Secretary at every Business Meeting.

**Past President's Report:** All our Award submissions were hand delivered to the District Nine liaison by Kimberly Kierce.

**Directors' Report:** The Speaker for the July program meeting will be Beth Giniewicz from the T. Boone Pickens Hospice and Palliative Care Center.

The Ad Hoc Website Committee brought a Recommendation to the Board for a company, "Site to be Seen", to update our website. A proposal has been submitted for a cost of \$1250.00, to be split between the Foundation and the Club budgets. The Recommendation was approved by the Board and will be brought to the club for approval at the July Business meeting.

The items on the Convention Agenda to be voted upon by the delegates were discussed.

**Thank You From The Foundation Trustees**

By Mimi Tanner, Foundation Trustee Chair



The Altrusa International of Richardson Foundation Board of Trustees acknowledges and thanks Julianne Lovelace for her knowledge, leadership, and guidance to the Foundation Trustees for the last several years. She has been a pioneer in development and leading the Altrusa Richardson Foundation Board and has made it a great success. Thank you!

The Board also thanks Cindy Murray, Foundation Treasurer and Jean Stuart, OWT Treasurer for their excellent work in managing the Foundation and OWT Funds.

Thanks to your hours of hard work and attention to detail, our books are accurate and are up to date. Thank you for your dedication and a job well done!



The lion wine holder is a gift from the Foundation trustees to retiring Foundation Chair, Julianne Lovelace.

*MEETINGS/ PROGRAM COMMITTEE*

**July 18th Program Topic: Hospice – Myths Meet Reality**

Join us for an interesting, and relevant to many of us, topic to be discussed at the dinner meeting.

The speaker is Beth Giniewicz, who is in Community Relations at the T. Boone Pickens Hospice and Palliative Care Center in Dallas.

**Program description:** As we seek to better understand options at all stages of life, it's a good time to address some myths and misunderstandings about hospice and palliative care, and how such care can improve the quality of life for individuals and families when time is limited.

*Participants will:*

- \*Develop an understanding of Hospice care
- \*Discuss elements of Hospice care
- \*Gain knowledge of the difference between palliative and hospice care
- \*Review myths of Hospice
- \*Begin the process of making decisions for their care and wishes at the end-of-life



**Beth Giniewicz**

*KINDNESS COMMITTEE – Helping Agencies Serving Richardson*

**News From HASR**

By Mimi Tanner, Club Liaison to HASR

October 25 is the date of the second HASR signature event, yet to be officially named. This is a daylong seminar featuring Larry James, keynote speaker; lunch and breakout sessions. It's a great opportunity to work on leadership skills, learn new things and have fun. Even though it is a few days before OWT, plan your OWT work schedule to allow time to attend this great event. (Besides, Altrusa's HASR rep, Mimi Tanner, will be coordinating all the volunteers and will be looking for all kinds of help!)

## Kindness Committee Update

### Terrace Elementary Manners' Party for Pre-K Students

By Mary Osentowski

Altrusans hosted the Manners Party for forty Pre-K students at Terrace Elementary, RISD, on May 26.

Altrusa provided books for each student to select as a gift for a fellow classmate. The day before the Manners Party, Altrusans helped the students wrap the gifts and decorated the classroom with a Pokémon theme. Treats at the party included Blue Bell ice cream cups with selected toppings of caramel, chocolate and sprinkles. The children then exchanged gifts with their classmates and were reminded to say, "thank you" and "your welcome" during the book exchange. The children excitedly looked at their books and one child exclaimed, "We get to keep these books forever!" Altrusans also provided each child an Altrusa Teddy Bear bag for the new book.

Altrusa volunteers were: Deb Bourland, Cindy Murray, Linda Caron, Jan Flesch, Pam Johnson, Sue McElveen, Jo Leeper, Jane Merz, Gloria Sandoval, Susan Fischer, Shirly Waller and Mary Osentowski



Left: (left to right) Jo Leeper, Mary Osentowski and Shirly Waller prepare to hand out the Altrusa Teddy Bear bags.



Bottom left: (left to right) Cindy Murray, Mary Osentowski, Shirly Waller, Jo Leeper and Susan Fischer show off some of the wrapped books.

Topright: Jo Leeper (left) and Cindy Murray (center) assist students with wrapping books.



Second from top right: Two students exchange gifts of books to one another.

Middle Right: (left to right) Mary Osentowski helps a student with her new book and bag, Cindy Murray helps another student with her bag, too.



Bottom Right: The Pre-school teachers are reading to the students before the Manners Party.

## Community Outreach Update

### Dad's Day Donut Dash at Friends Place

By Jane Tucker

In celebration of Father's Day, **Friends Place** held a *Dad's Day Donut Dash* event, honoring the many Dads who are clients.

In conjunction with the Father's Day event a collection of men's pajamas was taken to be donated to male clients in need in our community, and to be distributed through **Accapella Home Health Care**. Fifty-five pairs of men's pajamas were donated in various sizes. For some of the men, this donation is the only gift they will receive all year long.



Jo Leeper enjoys some coffee with her donut.



**PAJAMAS  
FOR  
SENIORS**



**Dad's Day Donut *Dash!!***

Friends Place and Pajamas For Seniors are partnering to bless Richardson area nursing home residents for Father's Day.

**We need men's pajamas in sizes M-5X!**

Collection date: Thursday, June 13<sup>th</sup>, 8:00-9:30AM Continental breakfast served

Location: Friends Place  
1960 Nantucket Dr.  
Richardson, TX 75080

[pajamasforseniors.org](http://pajamasforseniors.org), a 501c3 nonprofit organization

Above: A flyer for the Dad's Day Dash and request for donation of men's pajamas

Left: (left-right) Linda Caron, with former Altrusan and Friends Place executive Director, Jane Kovacs. Both Jo Leeper (above) and Linda Caron attended the Dad's Day event and donated pajamas to the Acapella Home Health Care collection.



Kindness...

Kind words can be short and easy to speak,  
but their echoes are truly endless.

Mother Theresa

ABILITY HOUSE COMMITTEE UPDATE

Ability House Summer Party

Look at all the happy faces at the Carnival themed BBQ held June 22. Altrusa provided games, cotton candy, BBQ Chicken, hot dogs and all the fixin's, chips, potato salad, two pies and ice cream. YUM!



Front row (left to right) — The Ability House residents: Nina, Vera, Shelley, Henry (standing) and Robert.  
Back row: (left to right) Barbara Cornelius, Gayle Ingle, Sara Deats, Rosemary Gouger, Cindy McIntyre, Susan Fisher and her grandson Jack.

KINDNESS COMMITTEE — CHOOSE KIND LIBRARY PROJECT UPDATE

Choose Kind Library Thank You From Audelia Creek Elementary

From: "Nixon, Shera" <[Shera.Nixon@risd.org](mailto:Shera.Nixon@risd.org)>  
Date: September 20, 2018 at 7:12:16 PM CDT  
To: "[janetmccolloch@gmail.com](mailto:janetmccolloch@gmail.com)" <[janetmccolloch@gmail.com](mailto:janetmccolloch@gmail.com)>  
Subject: Re: Choose Kind Library

Hello Janet,

Thanks so much for reaching out to me. I'm new to the campus this year, and I absolutely LOVE the Choose Kind Library. I have teachers walk in daily and pull books from there. The kids also really like checking out these books (especially if they have been read to them by me or their classroom teacher :) With that said, I'm really looking forward to adding to my collection this year; they are a true asset to our campus!

Looking forward to working with you,  
Shera Nixon

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Shera Nixon, M.A.  
Library & Information Technology Educator (LITE)  
Audelia Creek Elementary (ACE 144)  
469.593.2911

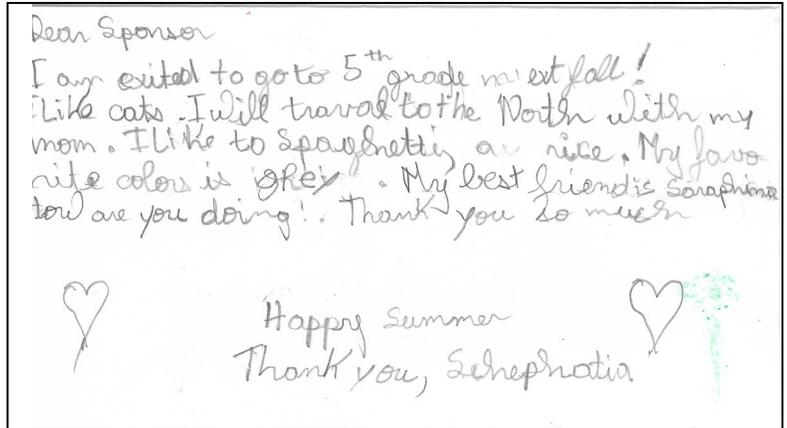
## KINDNESS COMMITTEE UPDATE

### Greetings from our International Students!

Our two girls, whose educations we sponsor, Schephatia Joseph and Senayada Medina, sent greetings and progress updates at the end of their school year. Senayada also sent a letter, which is written in Spanish. It is being translated and will appear in our August issue of Tidings.

Schephatia Herwine Joseph (pictured here) is our sponsored student at the TeachHaiti School of Hope in Port Au Prince, Haiti., where our third International Choose Kind Library was opened in November 2016

We received the thank you note on the right from Schephatia to us in May.



Senayda Isabel Torres Medina (above) is our second student sponsored through HELPS International. We have sponsored her education for 3 years so far. The picture on the left was drawn for us by Senayda and included with her letter.

## GRANT COMMITTEE UPDATE

### End of Year Wrap Up

The final Grant check presentation of the 2018-2019 Club year was made to the 2019 Richardson Reads One Book event for our annual Sponsorship. Altrusa has sponsored this event every year since the very first One Book event. We also provide ushers the evening of the Author Reception and Lecture every year. Altrusa has had representative on the Richardson Reads One Book every year, too.

Pictured are RROB Board Chairman/President, Jason Lemons, and 2018-2019 President Sarah Nesbit.



COMMUNITY OUTREACH COMMITTEE UPDATE

**Donations Requested for NETWORK’s “Tools 4 Schools”**

By Jackie Scrivener, School Supply Coordinator

WE NEED YOUR HELP!

It’s time to collect school supplies for NETWORK’S “Tools-4-School” program, which provides backpacks filled with supplies for school-aged children.

First United Methodist Church of Richardson generously provided 1,200 backpacks for the Tools-4-School program but NETWORK does not currently have funding to fill all the backpacks with supplies. Your help to fill these backpack is greatly appreciated!

If you would like to help, please bring school supplies to JULY Business and/or Dinner Meetings.

If you have questions, please contact: Jackie Scrivener, School Supply Coordinator



**Network School Supplies Wish List**

Item	Qty Needed	Item
3 Inch Binders	539	8 Count Broad Tip Washable M
Sets of Colored Pencils	770	Wide Ruled Notebook Paper
Composition Books	847	College Ruled Notebook Paper
Multi-Color Construction Paper (12x18)	154	No.2 Pencils
White Construction Paper (12x18)	308	Pens—Black, and Blue
16 Count Crayons	77	Pens—Red
24 Count Crayons	762	Protractors
8 Count Crayons	77	Rulers
8 Count Pkg Dividers	616	Scissors
Erasers	770	Fine Tip Sharpie
Pocket Only Folders	770	1 Subject Spiral Notebook
Pocket Folders with Brads	4389	3 Hole Zippered Supply Bags
8 oz. Bottle Glue	385	Tape
Glue Sticks	1771	Facial Tissue
Highlighters	1232	Pkgs of Water Color Paints
Pkgs of Index Cards	924	25 Count Box Pint Size Ziploc Bag
Manila Paper	539	25 Count Box Quart Size Ziploc B

MEMBERSHIP COMMITTEE— RETENTION UPDATE

**Celebrating Sophomore Sisters with Bastille Day!**

Join us and wear your Best Beret and get to know Richardson’s Newest Altrusans. There will be prizes for the Best Beret and Trivia. You don’t want to miss this fun opportunity to mingle with our newest Altrusa members. Husbands and Guests are welcome! Registration Deadline: Saturday, July 13.

Annual new member party hosted by the Altrusa International of Richardson



**Celebrating Altrusans**



**JUNE BIRTHDAYS**

So sorry we missed expressing our Best Wishes last month!

Ginger Tonne	June 3	Donna Buhr	June 23
Ruth Tinnes	June 7	Karen Tate	June 25
Susan Fischer	June 17	Sandy Martin	June 29
Rose Daughety	June 18	Laura Trainor-Collins	June 30
Rosemary Gouger	June 18		

**JULY BIRTHDAYS**

Bobbi Klein	July 7	Gayle Ingle	July 15
Kay George	July 12	Christine Hart	July 22
Linda Caron	July 13	Janie Jaquier	July 27
Robbin Murley	July 13	Julianne Lovelace	July 30

ALTRUSA INTERNATIONAL ACCENT

**Altrusa International Inc. Strategic Plan 2017-2021**

From Altrusa International Website [www.altrusa.org](http://www.altrusa.org)

As a reminder: Here's a copy of the current Altrusa International, Inc. Five Year Strategic Plan

<b>Vision:</b> Altrusa is a leader among international organizations improving communities worldwide through a network of member clubs.	<b>Mission:</b> To improve communities worldwide by providing service, developing leadership, fostering international understanding and encouraging fellowship through an international network of dedicated volunteers.	<b>Brand:</b> Leading to a Better Community  <b>Brand Anchors:</b> Flexibility, Inclusion, Clarity	<b>Measures:</b> 1.Member Numbers 2.Member Satisfaction Rating 3.Service Hours and Fundraising \$ 4.Website hits 5.Social Media Connections
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<b>Service</b> Inspire profile enhancing Service Projects	Develop a Signature International Service project Facilitate the sharing of service project ideas	<ul style="list-style-type: none"> <li>➤ <u>Identify</u> common community problem for creation of an International project</li> <li>➤ <u>Seek</u> out new opportunities for addressing Literacy needs in our communities</li> <li>➤ <u>Inspire</u> service projects/fundraisers through a data base/tool kit</li> <li>➤ <u>Encourage</u> new more flexible &amp; inclusive service projects</li> </ul>
<b>Marketing</b> Enhance the flow of Altrusa information internally and with external parties	Enhance bi-directional flow of information within Altrusa Promote Altrusa to communities worldwide	<ul style="list-style-type: none"> <li>➤ <u>Share</u> information through the Compass and Website ( International to members)</li> <li>➤ <u>Collect</u> feedback via the Website and Survey Monkey (Members to International)</li> <li>➤ <u>Develop</u> a comprehensive marketing plan including best practice guides/tool kits</li> <li>➤ <u>Build</u> a social media strategy/policy to communicate with prospects &amp; members.</li> <li>➤ <u>Design</u> an attractive website for potential members &amp; intuitive one for members.</li> </ul>
<b>Members</b> Increase membership Numbers to 10,000 members by 2027	Recruit & Retain a diverse membership	<ul style="list-style-type: none"> <li>➤ <u>Embrace</u> change and diversity</li> <li>➤ <u>Expansion</u> of ASTRA clubs with focus on transition to Altrusa</li> <li>➤ <u>Improve</u> resources for the effective recruiting of new members</li> <li>➤ <u>Promote</u> activities that are attractive to potential and younger members</li> <li>➤ <u>Engage</u> members in their Altrusa journey via service &amp; personal interactions</li> <li>➤ <u>Build</u> new Clubs and Districts</li> </ul>
<b>Leaders</b> Create a pipeline of strong Altrusa Leaders	Develop leadership at all levels of Altrusa	<ul style="list-style-type: none"> <li>➤ <u>Cultivate</u> a training track for new leaders (train the trainers)</li> <li>➤ <u>Create</u> tools/best practice guidelines to build new leaders</li> <li>➤ <u>Establish</u> a mentoring programme</li> <li>➤ <u>Remove</u> barriers to growing new leaders</li> </ul>
<b>Member Service</b> Inform, Update and Educate members	Respond to member needs in a timely manner	<ul style="list-style-type: none"> <li>➤ <u>Enhance</u> collection and reporting of membership data through Group Tally</li> <li>➤ <u>Produce</u> tools/resources to support International/District/Clubs and members</li> <li>➤ <u>Provide</u> International Compass, Website Direct email and other services</li> </ul>

## June 2019 U.N. Days and Other Observances

Excerpted from [www.un.org](http://www.un.org) and [www.altrusa.org](http://www.altrusa.org)



**World Population Day, July 11:** World Population Day, which seeks to focus attention on the urgency and importance of population issues, was established by the then—Governing Council of the United Nations Development Program in 1989, an outgrowth of the interest generated by the Day of Five Billion, which was observed on 11 July 1987. This year's World Population Day calls for global attention to the unfinished business of the 1994 International Conference on Population and Development. Twenty-five years have passed since that landmark conference, where 179 governments recognized that reproductive health and gender equality are essential for achieving sustainable development.

**Nelson Mandela International Day, July 18:** On July 18, every year, we mark Nelson Mandela International Day by making a difference in your communities. Everyone has the ability and the responsibility to change the world for the better! Mandela Day is an occasion for all to [take action](#) and inspire change. November 2009 - in recognition of the former South African President's contribution to the culture of peace and freedom, UN General Assembly declares 18 July "Nelson Mandela International Day".

**"Freedom cannot be achieved unless the women have been emancipated from all forms of oppression."**

— Nelson Mandela

Resolution [A/RES/64/13](#) recognizes Mandela's values and his dedication to the service of humanity in: conflict resolution; race relations; promotion and protection of human rights; reconciliation; gender equality and the rights of children and other vulnerable groups; the fight against poverty; the promotion of social justice. The resolution acknowledges his contribution to the struggle for democracy internationally and the promotion of a culture of peace throughout the world.

**International Day of Friendship, July 30:** Our world faces many challenges, crises and sources of division — such as poverty, violence, and human rights abuses — among many others — that undermine peace, security, development and social harmony among the world's peoples. To confront those crises and challenges, their root causes must be addressed by promoting and defending a shared spirit of human solidarity that takes many forms — the simplest of which is friendship. Through friendship — by accumulating bonds of camaraderie and developing strong ties of trust — we can contribute to the fundamental shifts that are urgently needed to achieve lasting stability, weave a safety net that will protect us all, and generate passion for a better world where all are united for the greater good

**World Day Against Trafficking in Persons, July 30:** Human trafficking is a crime that exploits women, children and men for numerous purposes including forced labor and sex. Since 2003 the UN Office on Drugs and Crime ([UNODC](#)) has collected information on about 225,000 victims of trafficking detected worldwide. Globally countries are detecting and reporting more victims, and are convicting more traffickers. This can be the result of increased capacity to identify victims and/or an increased number of trafficked victims. Despite many countries having national trafficking laws in place which are in line with the [UN Trafficking in Persons Protocol](#), people continue to be trafficked. What is more, in many countries, victims may still be criminalized while the impunity of traffickers prevails. Therefore, on the 2019 World Day [UNODC is focusing on highlighting the importance of Government action](#) in the interest of victims of trafficking. But the call to action is not only to Governments, we encourage everyone to take action to prevent this heinous crime.