

2013-2014

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What's Inside?

President's Message	1
Project Previews	3-4,10
Project Reports	59
Committee Reports	11-12
Board Actions	16
Meeting Preview	15
Meeting Highlights	13
Club Calendar	19
District Nine News	17
International News	18
Int'l Foundation	18
Altrusa Accent	9
Member Highlights	14-15
In the Media	8,15
World Water Day	12
Int'l Women's Day	16
Obituaries	2,11
Name Badges	10

President's Message

TOGETHER WE CAN DO SO MUCH. . .

*"Alone we can do so little;
together we can do so much."*

—Helen Keller

Reading this quote, I am reminded of how I feel every time I attend a District Nine Conference. There is so much more to Conference than someone attending for the first time can imagine. It is truly an amazing experience in so many ways. For me, the highlight of Conference is always the realization that each of us as an individual member is a part of something so far-reaching and that, collectively, our efforts have an enormous impact on a worldwide community.

As members of Altrusa International of Richardson, we are so fortunate to have a large club with so many active members. Very simply, we are able to do so much for so many. And, that makes us proud. Conference events allow us to remember that we are one of the 33 clubs that comprise District Nine. Each year when attending the Awards Luncheon at Conference and hearing winners announced, I realize how easily our competitive spirit transforms into pure selfless pride

when any club's accomplishments are recognized. Pride because we are all part of the same family, a sisterhood, believing and understanding that "together we can do so much".



Also, being members of an international organization allows us to have an even greater influence both locally and globally. Last year, Altrusans united to assist when tragedy struck in our own backyard in West, TX. A \$6,000 donation was awarded to District Nine from the Altrusa International Foundation Disaster Relief Fund together with the thousands of books collected by clubs throughout our state that will help rebuild the libraries in West, TX. You—as a member—can be proud of this. You can also be proud of the time, resources and efforts contributed by your fellow Altrusans

(Continued on page 2)

"Leading Loudly, Serving Proudly!"

President's Message *(Continued from page 1)*

statewide in support of women's shelters, literacy programs, scholarships, food pantries, programs for special populations...and the list goes on and on.

When I became an Altrusan, I signed up to be on the International Relations Committee. Truthfully, I wasn't really sure what they actually did, but I knew Jane Tucker who was the committee chair. During those first few years, the committee responded to a natural weather disaster in Haiti with the purchase of portable water filtration systems. They also addressed a serious health care issue with the purchases of specially designed baking ovens for rural villages in Central America. That was the first time I realized that my small donation could make some big differences in the

lives of others. As a member of Altrusa, I could help facilitate something life-changing that I would not have been able to do on my own. "Alone we can do so little..."

As 2014 District Nine Conference draws near, I encourage each of you to seriously consider attending and/or supporting our District's service project, "Partners in Education". For those attending, I know how easy it is to get caught up in the fun of conference, the energy of the business meetings, and the enthusiasm of the workshops. However, I hope that you decide to participate in supporting District Nine this year, and that you will—once again—enjoy "Leading Loudly, Serving Proudly" in whatever *weird* way we decide to lead and serve in Austin.

Pam Kovacs Johnson

President, 2013-2014

pamkovacs@friendsplaceads.com



JEAN KATZENSTEIN VAN OS

Jean Katzenstein Van Os, 84, passed away February 9, 2014. Jean was born March 21, 1929 to Helen Friedman Katzenstein and Frank Katzenstein. She was a lifelong resident of Shreveport until 2 years ago when she and her husband relocated to Baton Rouge. Jean was a member of East Ridge Country Club for decades where she enjoyed golf and playing cards. She was also a lifelong member of B'Nai Zion Temple. Jean was preceded in death by her parents and son-in-law Marc Becker. Jean is survived by her husband of 61 years, Herman, and daughters, Jill Van Os and Ellen Van Os Becker. Her grandsons, Daniel Becker and wife, Samantha; Michael Becker and Scott Becker. She is also survived by her sister and brother-in-law, Frances Zadeck and husband, Donald, of Shreveport; her sister-in-law, Francene Van Os of Tyler; niece, Julie Zadeck; nephews: Kenneth Zadeck and wife, Lisa; David Van Os and wife, Rachel; and Louis Van Os; and several cousins. Graveside services will be held at 11:00 a.m. on Thursday, February 13, 2014 at Greenwood Cemetery. Officiating will be Rabbi Jana De Benedetti. In lieu of flowers the family suggests memorials may be made to the if charity of your choice.

Project Preview

ALTRUSA ENRICHES LIVES AT TERRACE ELEMENTARY SCHOOL

By Andrea Rutledge, Education Committee Co-Char

Altrusa hosted the Banjo Man (Dan Gibson) who came to Terrace Elementary on February 25 and played and told stories to Pre-K through fifth graders. The reactions of all the children were enthusiastic and thoughtful. One student in particular, Dang, who came from Vietnam three months before school began and entered Pre-K with no English, named three animals and the sounds they made during the singing of Old MacDonald—in front of an audience. (See the full article on this event elsewhere in this *Altrusa Tidings* edition.) Altrusa enriches lives at Terrace.

Pre-K children and their families have a third opportunity this year to attend a children's theater performance at the Eisemann Center for the Performing Arts, thanks to fellow Altrusan Sarah Nesbit. Our first theater goers are in third grade this year. Think of the hundreds of children who have experienced "real theater" thanks to Altrusa. Altrusa enriches lives at Terrace.

Our next big event is the Pre-K Manners party in March. This event is really fun. Hazel Weathers will be in touch with Altrusans to help with this exciting event. If you get a chance to volunteer, you will be in for a treat!

And, as for Teddy Bear Time, the children talk about it in class frequently. Remember, 20 of the 41 Pre-K children will participate in Teddy Bear Time this year. Elizabeth Smith deserves a round of applause for her work to make this program happen. Elizabeth still needs volunteers; your efforts in this program will be rewarded. Again, Altrusa enriches lives at Terrace.

The Kindergarten teachers and their children have not yet descended from the clouds after receiving their entire wish list of materials for use in Centers from Altrusa, thanks to a generous donation from Brenda Duckett. Brenda agreed that this year's children should benefit immediately from educational games for use during Center time as the teacher works with children in need of special help. We hope to have pictures soon. Once again, Altrusa enriches lives at Terrace Elementary School.

EDUCATION: Teddy Bear Time

When Tue, March 4, 2014

When Tue, Mar 18, 2014
9:00 AM - 10:00 AMLocation Terrace Elementary
School, 300 N. Dorothy
Ave.

Teddy Bear Time is Richardson Adult Literacy Center's family literacy program, which brings parents and their young children together in a fun, educational setting to model read-alouds and other interactive parent/child educational activities.



We need one Lead and 2-3 Assistants for each of the eight Tuesday night sessions.

Please be there by 6:15 pm for preparations; parents and students arrive at 6:30, leave at 7:30. Contact Elizabeth Smith or Brenda Moreland for more information.

EDUCATION: Morning Pre-work for Good Manners PartyWhen Mon, March 24, 2014
9:00 AM - 10:00 AMLocation Terrace Elementary
School, 300 N. Dorothy
Ave.

To get ready for the Good Manners Party on Tuesday, March 25, the Pre-K students at Terrace Elementary will need help in selecting and wrapping gifts for their classmates.

We need three volunteers for each shift.

By registering for this event, you are signing up to attend **March 24 (Monday morning) 9-10 am**.

See the other pre-work event if you prefer the 1-2 pm slot.

Contact Hazel Weathers for more information.

**EDUCATION: Afternoon Pre-work for Good Manners Party**When Mon, March 24, 2014
1:00 PM - 2:00 PMLocation Terrace Elementary
School, 300 N. Dorothy
Ave.

Spaces left 3

Registered Nobody

To get ready for the Good Manners Party on Tuesday, March 25, the Pre-K students at Terrace Elementary will need help in selecting and wrapping gifts for their classmates.

We need three volunteers for each shift.

By registering for this event, you are signing up to attend **March 24 (Monday afternoon) 1-2 pm**.

See the other pre-work event if you prefer the 9-10 am slot.

Contact Hazel Weathers for more information.

**EDUCATION: Morning Good Manners Party**When Tue, March 25, 2014
9:30 AM - 11:00 AMLocation Terrace Elementary
School, 300 N. Dorothy
Ave.

Two Good Manners Parties will be held for Pre-K students at Terrace Elementary.

We need volunteers to decorate and serve ice cream sundaes for each shift.

By registering for this event, you are signing up to attend **March 25 (Tuesday morning) 9:30 - 11 am** (1.5 hours).

See the other Manner Party if you prefer the 1:45 - 3 pm slot.

Contact Hazel Weathers for more information.

**EDUCATION: Afternoon Good Manners Party**When Tue, March 25, 2014
1:45 PM - 3:00 PMLocation Terrace Elementary
School, 300 N. Dorothy
Ave.

Spaces left 2

Registered 2 attendees

Two Good Manners Parties will be held for Pre-K students at Terrace Elementary.

We need volunteers to decorate and serve ice cream sundaes for each shift.

By registering for this event, you are signing up to attend **March 25 (Tuesday afternoon) 1:45-3 pm** (1.25 hours).

See the other Manners Party if you prefer the 9:30-11 am slot.

Contact Hazel Weathers for more information.



Project Preview

ALTRUSA WINE & CHOCOLATE LITERARY SOCIETY READS ON & ON

By Jan Belcher, Membership Retention Committee

When Mon, March 24, 2014

6:00 PM - 7:30 PM

Location Friends Place Adult Day Services, 1960 Nantucket Drive



Midnight in the Garden of Good and Evil is a sublime and seductive reading experience. Brilliantly conceived and masterfully written, this enormously engaging portrait of a most beguiling Southern city has become a

modern classic.

Registration

- Chocolate - Free
- Just bringing myself - Free
- Libation: Red - Free
- Libation: White - Free
- Snack - Free



More about the book:

Shots rang out in Savannah's grandest mansion in the misty, early morning hours of May 2, 1981. Was it murder or self defense? For nearly a decade, the shooting and its aftermath reverberated throughout this hauntingly beautiful city of moss-hung oaks and shaded squares. John Berendt's sharply observed, suspenseful, and witty narrative reads like a thoroughly engrossing novel, and yet it is a work of nonfiction. Berendt skillfully interweaves a hugely entertaining first-person account of life in this isolated remnant of the Old South with the unpredictable twists and turns of a landmark murder case.

It is a spellbinding story peopled by a gallery of remarkable characters: the well-bred society ladies of the Married Woman's Card Club; the turbulent young redneck gigolo; the hapless recluse who owns a bottle of poison so powerful it could kill every man, woman, and child in Savannah; the aging and profane Southern belle who is the "soul of pampered self-absorption"; the uproariously funny black drag queen; the acerbic and arrogant antiques dealer; the sweet-talking, piano-playing con artist; young blacks dancing the minuet at the black debutante ball; and Minerva, the voodoo priestess who works her magic in the graveyard at midnight. These and other Savannahians act as a Greek chorus, with Berendt revealing the alliances, hostilities, and intrigues that thrive in a town where everyone knows everyone else.

Project Preview

JODI THOMAS TO SPEAK AT MEMBERSHIP RETENTION DINNER

By Lois Ferrara, Membership Retention Committee

RETENTION: Dinner with Jodi Thomas

When Tue, April 01, 2014

6:30 PM - 8:30 PM

Location Aboca's Italian Grill, 100 South Central Expy, Richardson

Spaces left 44

Registered 36 attendees

Registration

- Chicken Marsala - Free
Pay the \$25 to the waiter when ordering your meal
- Lasagna - Free
Pay the \$25 to the waiter when ordering your meal
- Vegetarian - Free
Pay the \$25 to the waiter when ordering your meal

Join us as New York Times & USA Today Best Seller author Jodi Thomas speaks about "Living in Two Worlds: Fiction and Reality." Thomas' talk will be a humorous look into the journey of a writer's life and she will also tell us about the West Texas A&M Writer's Academy.

The cost for this exclusive event in Aboca's new private dining room is just \$25.00 which includes an appetizer, salad, rustic bread, main course, iced tea, dessert, and gratuity. And, it's BYOB!

Please specify your entree choice by registering as:
Chicken Marsala OR Lasagna OR Vegetarian Dish

Thomas is a fifth generation Texan who has written 39 books to date with most of those set in our great state of Texas. She is not only a gracious and inspirational writer, but she has a passion for encouraging new writers and that is why she helped create the West Texas A&M Writer's Academy. **Have you got a story to tell? This may just be what you need to get started!**

Seating starts at 6:30 p.m. And, to simplify the evening, please pay your waiter when seated & ordering dinner. Credit Cards accepted but cash will be easier.

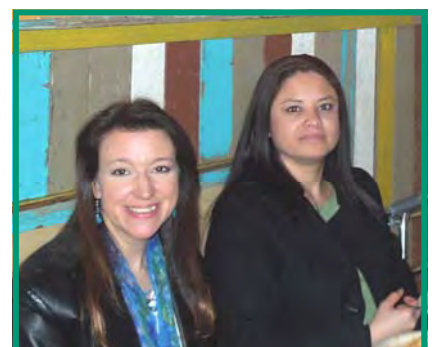
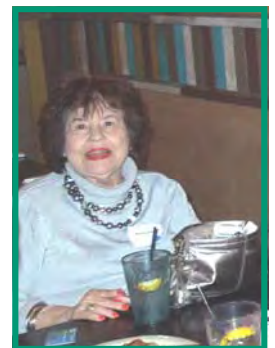
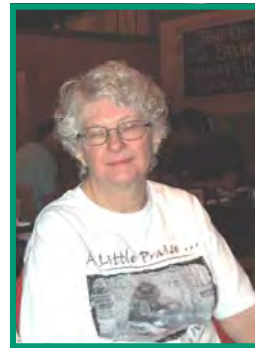


Project Report

QUARTERLY LUNCH BUNCH CHOWED DOWN ON MEXICAN FOOD*By Ann Eisemann, Membership Retention Committee*

A record-setting number (16!) of Altrusans and their guests met for lunch on February 28 at Frankie's Mexican Cuisine, 2701 Custer Parkway. Afterward, several Altrusans chose to supplement their Mexican food calories with delicious ice cream from Sweet Firefly.

Lunch Bunch is a quarterly project of the Membership Retention Committee. Watch for Ann Eisemann's announcement of the location for the next Lunch Bunch in May!



Project Report

SPRING ORIENTATION FINDS ALTRUSANS LEADING LOUDLY, SERVING PROUDLY*By Bobbi Klein, Membership Recruitment Committee Chair*

At the Spring Orientation/Reorientation on February 22, 2014, twenty-one Altrusans came to learn and share about being a Richardson Altrusan. After a wonderful breakfast buffet, we played an ice-breaker game. Game sheets were provided with questions about Altrusa which required everyone to find someone that could answer that question. The game then sparked lots of additional questions which were answered by the more seasoned members. As usual, a great time was had by all.

Joining us to share in the fun and information were six wonderful guests; Paige Reno, Lianne Le Blanc, Necole LeClair, Karen Ensley, Diane Davidson, and

Robin Smith. Paige shared that almost 20 years ago her daughter received a scholarship for gymnastics lessons through the Patsy Palmer Reynolds Endowment of Altrusa Richardson. She now wants to "pay it forward". Paige also brought a guest who is a friend from work, Necole, who in turn brought her sister, Lianne, as a guest. Robin Smith found out about Altrusa through having a table at OWT several years ago. She has recently retired and sought us out as a way to reconnect with the Richardson community. And, Diane Davidson has already been approved for membership and will be initiated at the April business meeting.

Project Report

EMERGENCY PERSONAL CARE BAGS ASSEMBLED FOR DONATION TO NETWORK

By Bobbi Klein, Community Outreach Committee

On February 4th, thirteen Altrusans and Diane Davidson met at Bobbi Klein's home to assemble Emergency Personal Care Bags intended for clients coming to NETWORK of Community Ministries, especially displaced persons in immediate need. We started with a reprise of the Fideo Supper and then, in less than a half hour, we put together a total of 87 bags for men, women, and kids. The bags contained personal care items such as toothbrushes, toothpaste, deodorant, shampoo, conditioner, soap, razors, hand sanitizer, hand moisturizer,

Chapstick, and socks. Items were provided by the Community Outreach Committee, along with many donations from individual Altrusans.

In April, the NETWORK project will be donations of essentials that often are overlooked, such as toilet paper, feminine products, and diapers.



Personal Care Bags were assembled for donation to NETWORK. Back Row: (L-R) Lynn Solomon, Gerry Carron, Donna Buhr, Cristal Retana, Jane Tucker, Kay George, and Bonnie Buchanan; Middle row: (L-R) Dean Burroughs, Rose Daughety, Charlotte Mason, Jan Skinner, and Diane Davidson; Kneeling: Bobbi Klein, and Janice Swallow

Project Report

ALTRUSANS AND GUESTS ENJOY NIGHT OUT AT THE SYMPHONY

The Membership Retention Committee organized a special Night Out at the Symphony on February 15. The evening began with dinner at 6:30 pm at Prelude Cafe located on the Green-Mezzanine Gallery in the Eisemann Center. The dessert table at the buffet was especially popular, with at least 30 desserts consumed by the 19 Altrusans and their guests—but who was counting?

The concert featured the Oscar-winning music of composer John Williams, including the scores of some of the greatest films of all time: Jaws, E.T.—The Extraterrestrial, Raiders of the Last Ark, Star Wars, and Saving Private Ryan. All those desserts didn't keep the chocolate-lovers from consuming the boxes of Valentine candy handed out by the Symphony.

RSO
RICHARDSON
SYMPHONY
ORCHESTRA



Project Report / In the Media

ALTRUSA FEATURED IN CITY'S EMAIL TO RESIDENTS*Week in Review***Feb. 7, 2014**

Here is the latest edition of Week In Review - a series of weekly messages from the Mayor and City Council to help Richardson residents and businesses keep up to date on events at City Hall.

News Briefs**Altrusa of Richardson Honored for Support of Animal Shelter**

Several City Council members joined members of the Animal Services Advisory Commission and the Health Department Saturday to present a plaque to Altrusa of Richardson to thank the nonprofit for its support of the Animal Shelter. Altrusa donated funds to help renovate a cat room, which provides an area for

adoptable cats to play and interact with visitors. The updated room also includes a video camera that provides a live stream to the Animal Shelter's website. Watch the cats at play at cor.net/video/aslogin.html.



Richardson Animal Shelter



Project Report

THE DAY THE BANJO MAN CAME TO TERRACE ELEMENTARY SCHOOL

By Andrea Rutledge, Education Committee Co-Chair

On February 25, 2014, the Banjo Man (Dan Gibson) came to Terrace, thanks to Altrusa Richardson. Dan Gibson is a story teller and a banjo player. He performed with children in Pre-K, special needs Pre-K, and Kindergarten through 5th graders.

- ◇ A Pre-K student who arrived in our country from Vietnam three months before school began and started school angry, confused, and without a word of English responded to the singing of Old MacDonald by raising his hand and being called on three times to name animals and their sounds—in front of the whole audience.
- ◇ A special needs child sat straight with his tiny feet in front of him, rapt. He clapped along with the songs.
- ◇ A BIG group of second and third graders heard a story, and you could feel the “ah-ha” moment when they figured out why the one-armed wrestler won the tournament.
- ◇ Weary fourth and fifth graders, during the last period of their day and after a day of testing, lost their exhaustion as they raised their arms and called out “girls” in the song about banjo



playing girls.

- ◇ Of all the groups that heard the “Jack” story, the children couldn’t believe that Jack would dip the cat in the water—before the storyteller told them what happened.

Thank you, Altrusans. You continue to enrich lives at Terrace Elementary. And, there are more exciting events to come this school year.

Altrusa Accent

DISTRICT CONFERENCES: THEIR TIMING AND THEIR FUNCTIONS

Excerpted from the Altrusa Encyclopedia 2011-2013

Each District holds an annual Conference in March, April or May. Officers and Directors are elected at Conference. Dates for District Conferences are approved in advance by the International President.

FUNCTIONS OF DISTRICT CONFERENCE

- ◇ Conduct the District's official business; elect new officers (in election years), elect the Nominating Committees (in off-year elections); propose amendments to the Bylaws; make recommendations for changes in policies and procedures; propose, discuss, and pass resolutions to be forwarded to International for action.
- ◇ Consider matters submitted to the District by the International President, the International Foundation Chair and the Board of Directors.
- ◇ Renew the understanding and appreciation of Altrusa’s principles, ideals, programs, and purposes and identify individual and collective roles in attaining them.
- ◇ Review Club progress and recognize and reward Club achievements.
- ◇ Discuss and define better ways to plan and carry out program meetings and Club service projects.
- ◇ Provide leadership training for Club Officers and Committee Chairs.
- ◇ Expand circles of friendship and service within Altrusa.

Project Preview

BEADFORLIFE: ITS HISTORY, LEGACY; PARTY TO BE 6 PM, MARCH 20

By Jane Tucker, International Relations Committee Co-Chair

The BeadforLife started ten years ago, helping only a handful of women in a Ugandan slum. Last year, their work reached over 12,000 people and over 1,400 households. Just like Heifer International, this organization believes in giving a hand up – not a hand out. BeadforLife creates sustainable opportunities for women to escape poverty by connecting with people worldwide in a circle of exchange that enriches everyone. The two areas BeadforLife focuses on are (1) helping impoverished Ugandan women lift themselves out of poverty through sustainable income generation and (2) engaging in global citizenship by becoming powerful advocates against extreme poverty.

This nonprofit organization began with a chance encounter between four women. The co-founders of BeadforLife, Torkin Wakefield, her daughter, Devin Hibbard, and a family friend Ginny Jordan, met Millie Gracie Akena while walking through a Ugandan slum. They observed Millie sitting on the ground outside her mud hut rolling small strips of paper into colorful beads. Intrigued by what they saw her doing, they stopped to talk to her. They learned that Millie had originally lived in northern Uganda but had been driven from her home by the Lord's Resistance Army. She fled to keep her children from being kidnapped and forced to be soldiers. Displaced, she was forced into living in the slum area of Kampala and was supporting her family working in a rock quarry crushing rocks into pebbles with a hand mallet. Even to earn 80 cents, which might be enough money to feed her family one meal, Millie, along with her children, would have to work all day.

The ladies learned that Millie loved rolling the beads out of recycled paper and showed them



BeadforLife
ERADICATING POVERTY
ONE BEAD AT A TIME®

the necklaces she had made. Although she enjoyed making the necklaces, she had no means in which to market her jewelry. The co-founders bought a few necklaces from Millie, started wearing them. Immediately, others noticed them and asked where they could get similar ones.

Once back in the United States, the co-founders shared their story with others and the story was so captivating that it has led to the organization it is today. Officially, BeadforLife was born in 2004 and has gone from helping a few dozen women in the Kampala slum to helping thousands.

According to co-founder Devin Hibbard, "The biggest factor in empowering women is their own belief in themselves". BeadforLife believes the best solution to overcoming extreme poverty is to create entrepreneurial training for women to sustain their families into the future. She believes, "The solution to poverty eradication is about uplifting the human spirit, not degrading it. Giving a handout takes away someone's inherent belief in themself."

This will be the fourth year our International Relations Committee has held a BeadforLife jewelry selling party. To date, Altrusa Richardson has raised over \$3,000 for BeadforLife and hopes that members will once again buy jewelry items for themselves, friends, and family prior to our March 20th dinner meeting.

Project Preview

LEADERSHIP TRAINING WORKSHOP TO BE MARCH 22

NEED A NEW NAME BADGE?

The Membership Development Committee is taking orders for replacement name badges. If you have lost yours—or changed your name—please contact Bobbi Klein.

When **Sat, March 22, 2014**
9:30 AM - 12:00 PM

Location **Friends Place, 1960**
Nantucket Drive,
Richardson

Registered **16 attendees**

Registration

• **Attendee - Free**

Register

Mary Osentowski and Brenda Boston will lead us through a morning of activities designed to help each of us identify leadership skills and how we might apply those skills to become more effective Altrusa members, committee chairs, and members of the Board of Directors. A continental breakfast will be served. **Please register for the workshop on our website by Noon, on Friday, March 21st.** We hope to see you all there!

Committee Report

PROGRAM COMMITTEE LISTS ACCOMPLISHMENTS IN MID-YEAR REPORT

By Cindy McIntyre, Program Committee Co-Chair

The Program Committee has had a very successful year so far if audience reaction, response, and feedback are the gauge. We started off helping to promote OWT with Nominee Coordinator and Sponsorship chairwomen leading the evening. The program committee assisted by providing door prizes where winners chosen throughout the evening. Prizes consisted of gift cards up to \$20 for the highest award.

In July, we were delighted to welcome Karen Ebling from Raytheon with a well produced talk that ended with a plea to support young girls entering the fields of mathematics and computer science. She also donated some Raytheon items such as rulers to go in our school supplies.

August was International Youth Day and who better to present on this topic than Bill Mathews. He showed wonderful slides and engaged everyone in a lively discussion.

September brought award winning journalist and author Julia Heaberlin accompanied by her charming husband who still works for the Star Telegram where they first met. Julie talked out her career and the learning and bumps along the way. She was warm and friendly and members bought not only her first book but the second as well. Book club members have asked her to lead discussion on her book next year and she has agreed!

October – Since no one from the program committee was able to attend, Dena Davis who works at UTD was kind enough to introduce Erin Venza, CCC-SLP, is a Clinician with UTD Brain Health Center. Her focus is on enhancing brain performance in individuals with Mild Cognitive Impairment (MCI). In their research we learned how different emotions are visible in different colors.

In November, our guest was Dr. Sarah Feuerbacher from the Center for Family Counseling at SMU in Plano. She spoke on violence against women even re-creating a powerful scenario demonstrating the ease with which an abuser can ingratiate him/herself into your life until you are too embarrassed to reveal just how terrible the situation can be.

December Christmas Party was handled by Recruitment/retention committees.

January program will have just occurred the week prior to Board of Directors. but the thought was to provide our very busy members with some organizing

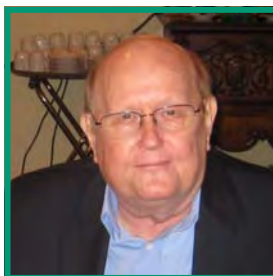
tips. Our guest will be Lorraine Brock, founder and President of "Get Organized." We will get 2014 off to a good start with a place for everything and everything in its place!

February is club birthday with the District Nine visitor.

The March meeting is described in the Meeting Preview article elsewhere in this issue.

April is the scholarship dinner and May will be the Installation of the 2014-2015 officers.

ROBERT CARTER "BOB" BOSTON



BOSTON, Robert "Bob" Carter, age 67, passed away on Tuesday, February 25, 2014. He was born on March 9, 1946 in Quanah, TX to his parents, Mr. Farwell Boston and Mrs. Damaris Boston. Bob was the second of 6 children. He was a current resident of

Richardson, Texas where he resided for 34 years. Bob married Brenda Glenn in Dallas, Texas on July 2, 1977. He attended Louisiana Tech and graduated in 1968 with a Bachelor's in Electrical Engineering. Bob was employed by Texas Instruments/Raytheon as an Engineer/Program Manager for 39 years. Bob enjoyed music, traveling, and photography, and he was a member of the First United Methodist Church of Richardson. He is preceded in death by his father, Farwell Boston. Bob will be remembered by his loving wife and their children, Kimberly Daniel and husband, Glen, Ashley Kay and husband, Trevor; grandson, Jacob Daniel; brothers, Roger and wife, Xiaohua, Frank, John and wife, Karen; sisters, Janet Hobgood and husband, Danny, Carol Zeisler and husband, Steve; sister-in-law, Shelly Richards; numerous nieces, nephews, and cousins. Visitation will be from 6:00 to 8:00 PM on Friday, February 28, 2014 at Restland Funeral Home. Burial will be at 1:45 PM on Saturday, March 1, 2014 at Restland Memorial Park. A memorial service will be held at 3:00 PM on Saturday, March 1, 2014 at First United Methodist Church of Richardson. In lieu of flowers memorials may be made to the American Cancer Society for Adrenal Cancer Research or to the First United Methodist Church of Richardson.

Committee Report

R TIME, ITS IMPACT ON SOCIAL JUSTICE

By Jane Tucker, International Relations Committee Co-Chair

At our February 13th business meeting, Altrusan Bobbi Klein passed out literature and gave a brief overview on the Richardson Independent School District's "R Time" program. Richardson ISD was one of the first school districts in the nation to develop an anti-bullying program into their curriculum. She elaborated on how "R Time" focuses on social, emotional, and behavioral skills that influence every aspect of personal, school, home, and community life. These skills are linked to effective learning and performing in socially acceptable ways that are fundamental to school well-being and improvement. It is felt that when children learn these skills, they are equipped, enabled, and motivated to become effective learners and recognize and stand up for the ideas and dignity of others.

The International Relations Committee is exploring ways to partner with RISD to help support this program. The UN World Day of Social Justice focuses on learning ways to promote social impartiality and peaceful coexistence. Where else should we learn about social impartiality and peaceful coexistence than to start with children in our local schools?

From ***School Times Now!*** Friday, September 12, 2008, a publication of the Richardson ISD:

RISD FIRST IN NATION TO IMPLEMENT NEW ANTI-BULLYING PROGRAM

A little common courtesy and social development goes a long way for elementary students in Richardson ISD. Imagine seven year olds from all ethnicities, economic and social backgrounds greeting each other warmly, working cooperatively on tasks, and expressing real gratitude to each other along with other kind words.



Relationships to improve education

This is how a new anti-bullying program called *RTime* works, and RISD is the first district in the United States to implement the program, which has been used in England since 2002 with impressive results. *RTime* was introduced at three pilot campuses in RISD during the first week of classes, Bukhair, Mohawk and Springridge Elementary Schools. Using just 15 minutes of class time each week, *RTime* seeks to teach social behavior and skills to students from Kindergarten through 6th-grade. The lessons learned are then reinforced by teachers and administrators throughout the week.

"This is the most impressive anti-bullying program I've ever seen, said RISD Director of Student Assistance Programs Jill Darling. "Starting from their first day at school, students learn to see their peers as people, get a chance to work one on one with them, learn about them, and form the foundation for friendship. The lessons learned through *RTime* are consistently reinforced throughout the year, at every level, to the point that a culture of mutual respect and understanding pervades the campus. It's extraordinary."

While *RTime* is an acronym for *Relationships To Improve Education*, some RISD students already have a different name for their weekly sessions: "Our Time."

For more information about *RTime*, please visit www.RTime.info.

Special Days

ALTRUSA "TAPPED" ON UNITED NATIONS WORLD WATER DAY, MARCH 22

By Jane Tucker, International Relations Committee Co-Chair

On December 22, 1992, the UN General Assembly made a resolution declaring March 22 to be UN World Water Day, as a means of increasing awareness of water's importance in our environment, agriculture, health, and trade. This year's theme "Water for Life" speaks to the continued worldwide campaign to develop partnerships to secure water and energy sustainability.

Events all over the world are planned to focus on this day. Many organizations are holding events to raise money to donate towards access to clean and affordable water. One of these organizations is UNICEF. Because every year there are 768 million people around the world that

do not have safe, clean water to drink and every day 1,400 children die from diseases directly linked to unsafe water, UNICEF has developed the TAP water project. With just a \$5 donation, UNICEF is able to give a child clean drinking water for 200 days. This year is the second year our International Relations Committee will hold a TAP water fund raiser. At our March & April business meetings, members of the International Relations Committee will sell bottled water with all the proceeds and donations to be given to UNICEF's TAP water project. Our hope is to raise money to allow 4,000 days of clean water for children in need.

Meeting Highlights

WE WELCOMED DISTRICT NINE VISITOR, CELEBRATED OUR BIRTHDAY

By Bobbi Klein, Membership Recruitment Committee Co-Chair

On February 20th, Richardson Altrusans gathered to celebrate the 47th anniversary of our charter date (or 48th anniversary of organizing as a club). The theme of the evening, somewhat based on *The Music Man*, was "Toot Your Horn for Altrusa". The centerpieces were double decker cupcake towers (with horns as decoration) made by fellow Altrusan Norma Hammerlund ("Sweet Things by Norma"). Each guest received a gold horn party favor and the celebration was certainly "loud and proud" as we literally "tooted our horns" for Altrusa Richardson.

We had many visitors join the celebration. There were four guests from the Dallas Club, five guests from the Garland club, and several other guests interested in our club. Altrusa District Nine Director Antonia Buban, was our guest; she gave a glowing speech in praise of our club, which we all enjoyed... who doesn't like to get complements?

There was a "Toot Your Horn for Altrusa" game board with categories and dollar amounts underneath that corresponded an answer to a question about our

club history. A "toot of the horn" was the way to get recognized to "give the question". To end the evening, we had a Grand March around the room, tooting our horns for Altrusa to "76 Trombones" from *The Music Man*. It was very moving to see and hear so many Altrusans and guests holding hands and saying the Benediction.

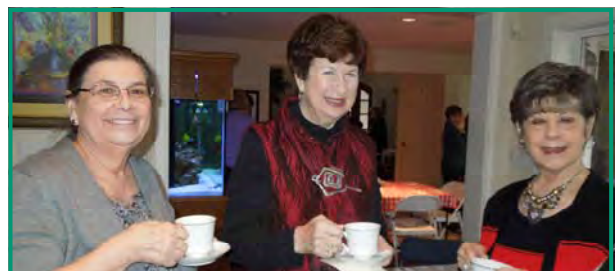
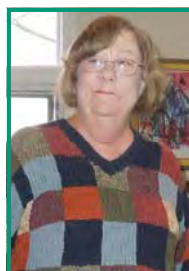
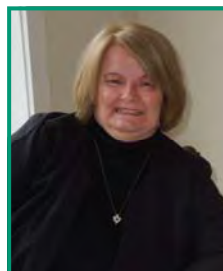
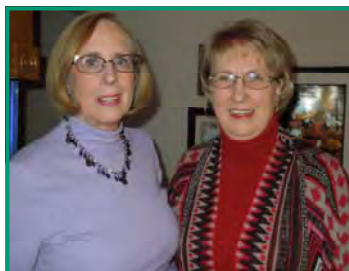
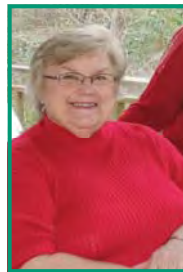
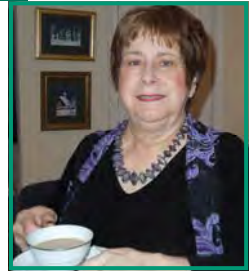
President Pam Kovacs was surprised when Jenn Rohm "crowned" her and Laura Trainor-Collins read the scroll announcing that Pam is now a Lamplighter: "Let it be known throughout the land...The generous and fabulous Altrusans of Richardson, Texas, are paying tribute to President Pam Kovacs in honor of her upcoming nuptials with a contribution to the Altrusa International Foundation, Inc. which is hereby naming her an official LAMPLIGHTER."



Member Highlights

NANCY ROHM'S HOME WAS SCENE OF FEB. 22 LUNCHEON

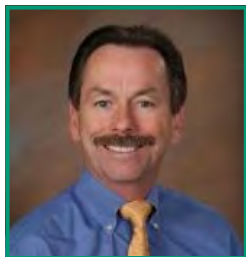
Richardson Altrusans gathered for a luncheon honoring President (and Bride-to-Be) Pam Kovacs, shown below with a recently-married couple in their wedding attire.



Meeting Preview

MARCH 20 DINNER MEETING TO FEATURE HUMOR AND CHOCOLATE!

By Cindy McIntyre, Program Committee Co-Chair



Our March meeting coincides with International Day of Happiness and closely follows International Woman's Day. The plan was to figure out what things

make women happy and we came up with two: chocolate and laughter! Frank McElligott (formerly with the Plano Police) now Chief in a small Texas town, will take care of the laughs and the program committee will take care of the chocolate.

Frank G. McElligott is the Police Chief of the Hutchins Police Department, Hutchins, Texas. Chief McElligott has a diverse law enforcement background with over 30 years of Law Enforcement experience. Chief McElligott started his career as a police officer with the Greece Police Department in

upstate New York. He also served over 28 years with the Plano Police Department where he held a variety of assignments.

Member Highlights / In the Media

ALTRUSANS NESBITT, TANNER HONORED BY ARTS ALLIANCEFrom *The Dallas Morning News neighborsgo*, Feb. 14, 2014

RICHARDSON ARTS ALLIANCE



Photos submitted by CARL YOUNGBERG

Kathy Chamberlain, Courtenay Tanner and Sarah Nesbit were all honored for their contributions to the Richardson arts community at the annual Heart for the Arts Gala Feb. 1.

Three honored in arts gala

The Richardson Arts Alliance honored three women for their contributions to the Richardson arts community in its annual Heart for the Arts Gala Feb. 1 at the Eisemann Center. During the event, Arts Alliance president Jenny Kelly noted the contributions of each honoree. Sarah Nesbit was recognized with the Ambassador for the Arts award, Kathy Chamberlain received the Lifetime Achievement Award and Courtenay Tanner was honored with the Patron for the Arts award.



Above: Lifetime Achievement Award honoree Kathy Chamberlain addresses the crowd at the annual event.

Left: The Berkner High School String Quartet performed for attendees during the Heart for the Arts Gala at the Eisemann Center. Also pictured are Berkner High orchestra director Craig Needham (far left) and Richardson ISD director of fine arts Brian Britt (far right).



Carl Youngberg, Curtis Dorian, Richardson Mayor Laura Maczka, Michael Bahr and David McNair at the Heart for the Arts Gala at the Eisemann Center.

Time for Our BeadforLife Party!

BeadforLife provides impoverished people with the chance to earn money and change their lives. Supported by entrepreneurial training and other services, the BeadforLife project provides opportunities rather than hand-outs, resulting in proud women. Read [here](#) what becoming a "beader" did for Teddy Namuyi.

Please help us support this wonderfully empowering program! Come early (6 pm) this Thursday, enjoy some wine and appetizers and shop for necklaces, bracelets, and earrings.

There is something NEW this year: BeadforLife is giving back and will donate 20% of the funds we raise to our foundation.

Special Days

INTERNATIONAL WOMEN'S DAY IS MARCH 8*By Jane Tucker, International Relations Committee Co-Chair*

The United Nations celebrates International Women's Day each year on March 8th. This year the theme for the celebration is "Equality for Women is Progress for All", which will hopefully inspire change in the many areas of the world where women still struggle for social justice and social equality. International Women's Day originated in 1908 and was first celebrated in 1911 in part because of women's demands for the right to vote, hold public office, have access to education, and receive equal pay in the workforce. The United Nations started commemorating the day in 1975 to enhance the achievements of women throughout history and across the nations. The events have been aimed at making positive gains to showcase the social, political, and economic achievements of women, while also continuing to focus on areas in the world where further action is needed to promote the social, economic, and political rights of women.

To do our part in celebrating UN International Women's Day, the International Relations Committee will once again sponsor a BeadsforLife jewelry selling event at our March 20th dinner meeting. This project has become so popular with our club, primarily because the mission of BeadsforLife is to help Uganda women gain the income and skills they need to get out of poverty. This event also helps support the BeadsforLife Eradicate Poverty Campaign held every year in March. The money our club raises will be invested back into the Uganda community to help in health care, vocational training, affordable housing, and entrepreneurial skill development. Please remember to come early and shop

the lovely jewelry selection. This year, we have a great incentive to buy jewelry! The BeadsforLife organization will donate 20% of the proceeds back to our foundation.

**Secretary-General's Message for 2014**

This International Women's Day, we are highlighting the importance of achieving equality for women and girls not simply because it is a matter of fairness and fundamental human rights, but because progress in so many other areas depends on it.

Countries with more gender equality have better economic growth. Companies with more women leaders perform better. Peace agreements that include women are more durable. Parliaments with more women enact more legislation on key social issues such as health, education, anti-discrimination and child support.

The evidence is clear: equality for women means progress for all.

This simple truth must be central as we work to accelerate progress towards the Millennium Development Goals by next year's deadline and craft an agenda for the years beyond 2015.

Important gains have been made in access to primary education for girls and political representation by women. But progress remains far too slow and uneven.

A baby girl born today will still face inequality and discrimination, no matter where her mother lives. We have a common obligation to ensure her right to live free from the violence that affects one in three women globally; to earn equal pay for equal work; to be free of the discrimination that prevents her from participating in the economy; to have an equal say in the decisions that affect her life; and to decide if and when she will have children, and how many she will have.

I have a message for every girl born today, and to every woman and girl on the planet: Realizing human rights and equality is not a dream, it is a duty of governments, the United Nations and every human being.

I also have a message for my fellow men and boys: play your part. All of us benefit when women and girls – your mothers, sisters, friends and colleagues -- can reach their full potential.

Together, let us work for women's rights, empowerment and gender equality as we strive to eliminate poverty and promote sustainable development. Equality for women is progress for all!

Ban Ki-moon

BOARD ACTIONS:

- ◇ Approved "moving the Inc." as directed by Altrusa International. Our Club and Foundation names will be Altrusa International of Richardson, Inc. and Altrusa International of Richardson Foundation, Inc., respectively. The Secretary will file the paperwork with the State of Texas.
- ◇ Recommended that OWT Committee purchase an ad in the District Nine Conference program.
- ◇ Decided to purchase ad in Conference program honoring International Relations Committee for winning the Dr. Nina Fay Calhoun award.
- ◇ Changed the date of the April board meeting from the 24th to the 10th

District Nine News

MAKE PLANS TO ATTEND CONFERENCE WORKSHOPS!

April 25-27, 2014 • Omni Austin Hotel at Southpark • Austin, Texas

KEEP ALTRUSA WEIRD

Fifty-Eighth District Nine Conference PRELIMINARY WORKSHOPS

Presidents Workshop (for Incoming Presidents ONLY). Governor Beth Blair helps you find your happy thoughts and leads you to Neverland—and you thought AUSTIN was weird. Arrive ready to learn everything you need to know for a successful year and leave inspired and loaded with resources. Fun is guaranteed.

Success for New Committee Chairs. So you have accepted a role as a committee chair in your club, and your first question is “Now what?” This workshop is designed for first-time committee chairs or for anyone thinking about chairing a committee soon. Presented by Shirley Raymer and the Leadership Development Committee.

Want to Serve the District? To let the cat out of the bag: There is NO secret. You just need to express interest. Governor-Elect Sylvia Zamora will introduce the diverse and numerous roles you can play to serve District Nine, and she'll tell you where your talents are most needed.

International Service Projects. Want to change the world? The Richardson Club presents a quality international service program, and they've will show you how to take your international service project to the next level.

Incoming Officers' Training. Excellent, practical information and resources for the coming year.

Incoming Secretaries, hosted by District Secretary Susie Stephenson
Incoming Treasurers, hosted by District Treasurer Leslie Thompson
Incoming Parliamentarians

Success for New Board Members. What are your responsibilities to your Club members and to the Board members? Get a quick overview that will equip you to be the best. Presented by District Nine Directors Antonia Buban and Trina Taylor.

Living WELL Aware. Dr. Patricia J Sulak (member of the Temple Club) will present the very latest in wellness information, implementation, and inspiration to get all attendees to the next level of health and happiness. Want to maximize your health? Need to lose weight, increase your physical fitness, decrease stress or improve your emotional state? Physical, emotional, and spiritual aspects of wellness will be included. Let's all get healthier and happier by Living WELL Aware! *This workshop is being presented twice.*

Pulling Off a Fabulous Event. From fund-raisers to Conference to large-scale service projects, come hear how to ensure success. Fresh off her role as convenor for the 2013 International Convention, International Director Leanne Milligan will be on hand to deliver fun and useful tips.

Social Media for Altrusa Clubs. Social Media Coordinator Laure Bruner and Dallas Altrusan Michelle O'Neil will show you how social media really IS important for your club's public relations and recruiting efforts, and how it can help you boost success all around.

Roundtables. Make your way around the room to get your burning questions answered. Exchange ideas and get inspired in this come-and-go session! *Fund-Raising, Recruitment, Retention, Service, Communication*

International News

FEBRUARY 1, 2014 MEMBERSHIP STATISTICSFrom www.altrusa.org

Clubs *	6/1/11	6/1/12	6/1/13	1/1/14	2/1/14
Total Clubs*	358	349	349	345	345
Clubs under Charter Strength	134	131	141	153	147
Strength	(37%)	(37%)	(40%)	(44%)	(42%)

*Does not include unpaid clubs.

Membership **	6/1/11	6/1/12	6/1/13	1/14/14	2/1/14
Membership Status	6/1/11	6/1/12	6/1/13	1/14/14	2/1/14
Active	9,273	8,932	8,666	8,313	8,413
Affiliate	59	29	18	16	16
Subtotal	9,332	8,961	8,684	8,329	8,429
Life	12	15	15	15	16
Emeritus	426	415	376	383	386
Total	9,770	9,391	9,075	8,727	8,831

**Does not include members of unpaid clubs.

The detailed membership report shows that there are four Altrusa Clubs with more than 80 members:

- ◇ Lake City, FL with 96 members (94 active, 2 emeritus)
- ◇ Richardson, TX with 90 members (88 active, 2 emeritus)
- ◇ Oak Ridge, TN with 84 active members (no emeritus)
- ◇ Pendleton, OR with 80 members (79 active, 1 emeritus)

International Foundation News

DISTRICT NINE CLUBS RECEIVE GRANTS FROM INTERNATIONAL FOUNDATION

Congratulations to the District Nine Clubs that received grants from Altrusa International Foundation for the most recent grant cycle:

- ◇ Abilene - DIAL UP: Dictionaries for Int'l Adult Literacy Uniting People - \$350
- ◇ Anderson County - Make A Difference Day with Literature and Art - \$1000
- ◇ Arlington - Magic of Mayans - \$2,000
- ◇ Borger - Senior Cheer - \$755
- ◇ Copperas Cove - Project Reading is Fundamental - \$2,000
- ◇ DFW - Building a Classroom at Nyongolo Primary School - \$1,000

- ◇ Fort Worth - Westcliff Wranglers Read/Write - \$750
- ◇ Garland - Future Readers of Garland (FROG) - \$2,000
- ◇ Greenville - Team up with Travis - \$1,500
- ◇ Lubbock - Empowering Women in Crisis Through Literacy - \$1,900



Club Calendar March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Sarah Nesbit bday	3	4 Teddy Bear Time	5	6 Business Meeting	7	8
9	10	11	12	13	14	15
16	17 Barbara Berthold bday	18 Teddy Bear Time	19	20 Dinner Meeting	21	22 Leadership Training Workshop
23	24 Prepare for Good Manners Party AWCLS	25 Good Manners Party	26	27 Board Meeting Ann Payne bday	28 Carla Weiland bday	29
30	31					

Business Meetings, 7 PM, 1st Thursday, Clubhouse at the Richardson Woman's Club
 Dinner/Program meetings, 7PM, 3rd Thursday, Founders' Hall, at the Richardson Woman's Club
 Board meetings, 7 PM, 4th Thursday, Friends Place Adult Day Services

Events on this page are copied from our website. See event listings at www.altrusarichardson.com for details of time and place.

If you choose, you may bring a gift (worth about \$5) to the dinner meeting in the month of your birthday. There will be an opportunity to put our names in a drawing (only \$1 per chance!) to win a birthday gift. Proceeds are used for our administration budget.

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